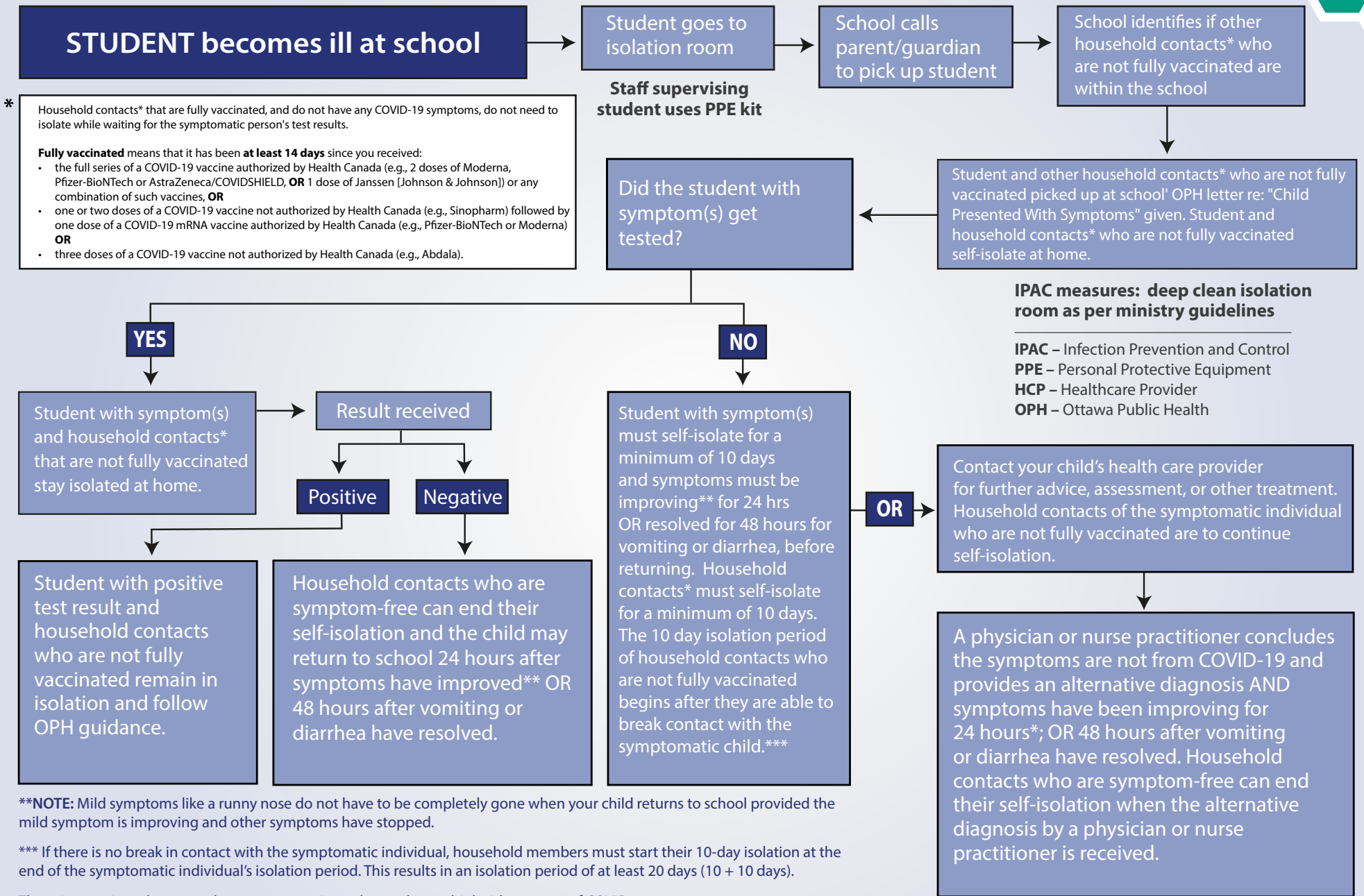


Student with COVID-19 Symptoms at School Decision Guide

Valid as of September 16, 2021



* Household contacts* that are fully vaccinated, and do not have any COVID-19 symptoms, do not need to isolate while waiting for the symptomatic person's test results.

Fully vaccinated means that it has been **at least 14 days** since you received:

- the full series of a COVID-19 vaccine authorized by Health Canada (e.g., 2 doses of Moderna, Pfizer-BioNTech or AstraZeneca/COVISHIELD, **OR** 1 dose of Janssen [Johnson & Johnson]) or any combination of such vaccines, **OR**
- one or two doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Sinopharm) followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada (e.g., Pfizer-BioNTech or Moderna) **OR**
- three doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Abdala).

**NOTE: Mild symptoms like a runny nose do not have to be completely gone when your child returns to school provided the mild symptom is improving and other symptoms have stopped.

*** If there is no break in contact with the symptomatic individual, household members must start their 10-day isolation at the end of the symptomatic individual's isolation period. This results in an isolation period of at least 20 days (10 + 10 days).

These instructions do not apply to symptomatic students who are high risk contacts of COVID-19.

COVID-19 symptoms in children

Type	Symptoms
<p>Most common symptoms of COVID-19</p> <p>Symptoms most commonly associated with COVID-19 infection</p> <p>Children with one of the listed symptoms, should stay home, isolate and get tested for COVID-19 as soon as possible</p>	<p>Fever (temperature 37.8 C/100 F or higher)</p> <p>Chills</p> <p>Cough (more than usual if chronic cough) including croup (barking cough, making a whistling noise when breathing) not related to other known causes or conditions (for example, asthma, reactive airway)</p> <p>Shortness of breath (dyspnea, out of breath, unable to breathe deeply, wheeze, that is worse than usual if chronically short of breath) not related to other known causes or conditions (for example, asthma)</p> <p>Decrease or loss of smell or taste (new olfactory or taste disorder) not related to other known causes or conditions (for example, nasal polyps, allergies, neurological disorders)</p> <p>Nausea, vomiting and/or diarrhea, not related to other known causes or conditions (transient vomiting due to anxiety in children, chronic vestibular dysfunction, irritable bowel syndrome, inflammatory bowel disease, side effect of medication)</p>
<p>Other symptoms of COVID-19</p> <p>Children with one or more of these symptom(s) must stay at home and isolate.</p> <p>Children who are high-risk contacts* must get tested for COVID-19 as soon as possible.</p> <ul style="list-style-type: none"> Household contacts (including siblings) who do not have symptoms and are fully vaccinated* do not need to isolate. Household contacts who have symptoms OR who are not fully vaccinated need to isolate. <p>Children who are not high-risk contacts, do not need to get tested but must stay home until symptoms are improving for at least 24 hours.</p> <ul style="list-style-type: none"> Household contacts (including siblings) who do not have symptoms do not need to isolate and can leave the home (regardless of vaccination status). 	<p>Sore throat (painful swallowing or difficulty swallowing) not related to other known causes or conditions (for example, postnasal drip, gastroesophageal (acid) reflux)</p> <p>Stuffy nose and/or runny nose (nasal congestion and/or rhinorrhea) not related to other known causes or conditions (for example, seasonal allergies, returning inside from the cold, chronic sinusitis unchanged from baseline, reactive airways)</p> <p>Conjunctivitis (pink eye) (Not related to blepharitis, recurrent styes.)</p> <p>Decreased or lack of appetite (Not related to anxiety, constipation.)</p> <p>Headache that is new or persistent, unusual, unexplained or long-lasting not related to known causes or conditions (for example, tension-type headache, chronic migraines) and not related to receiving a COVID-19 vaccine in the last 48 hours</p> <p>Extreme tiredness, lack of energy or feeling unwell (That is unusual or unexpected (not related to other known causes or conditions or receiving a COVID-19 vaccine in the past 48 hours).)</p> <p>Muscle aches and pains (That are unexplained or unusual (not related to other known causes or conditions or receiving a COVID-19 vaccine the past 48 hours).)</p>